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DISINFORMATION AND DIGITAL MEDIA AS A CHALLENGE FOR DEMOCRACY

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INTERSENTIA
Cambridge – Antwerp – Chicago
George Orwell's statue stands outside BBC Broadcasting House in central London. His presence serves to remind this news organisation to have no fear of government or seek any favour in reporting accurately and fairly on the news of the day. Orwell's *Nineteen Eighty-Four* is the classic text on the role of propaganda and the distortion of language in reshaping reality. He famously said: 'if liberty means anything at all, it means the right to tell people what they do not want to hear'. Yet Orwell associated the world of 'two and two made five' with the totalitarian powers of the 1930s and 1940s. They had the Big Brother dictators who could control all the instruments of public messaging and the ability to screen out alternative sources of information that made an alternative reality possible. The first step towards taking away individual freedom and the capacity for independent action is to deprive people of their access to factual information. This was the hallmark of the communist states that sprang up in Eastern Europe during the Cold War years. As the Czech playwright, dissident and later president Vaclav Havel put it, largely echoing Orwell: ‘if the main pillar of the system is living a lie, then it is not surprising that the fundamental threat to it is living in truth’.

When the Berlin Wall came down 30 years ago, the change was largely attributed not to Western military pressure on the Soviet Union and its satellite states, but to the ultimate ability of the West to penetrate the Eastern firewall with its own news and information. The Germans from the East watched West German television and broadcasters such as the BBC World Service, Voice of

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America and Radio Free Europe managed to reach large audiences despite the best efforts of the local regimes to jam them. The leader of Solidarity in Poland, Lech Wałęsa, attributed the success of this movement to the Catholic Church and Radio Free Europe. It is worth recalling this time 30 years later because it underlines, along with Orwell and Havel, that the best instrument of democracies in their quest to build a more cooperative and peaceful international order is their ability to be governed by the truth. This stems from open public debates that allow citizens to come to their judgements based on free debate and a lively, unconstrained news media that is willing and able to hold public figures to account. As former US Senator Daniel Patrick Moynihan famously put it: ‘you are entitled to your own opinion, but you are not entitled to your own facts’.  

In order for democracy to function properly, there has to be a shared and agreed baseline of truth. If people divide into ideological bubbles and virtual reality ghettos, believing only what they want to believe or are intellectually capable of believing, politics ceases to be an exercise of mutual persuasion and tolerance, and descends into a process of endless partisan manipulation and polarisation. It can reach a stage where information warfare prevents communities and countries from taking rational decisions and moving forward. At a time of mounting complexity, people retreat into simplistic and all-embracing conspiracy theories that remove the need for compromise or serious intellectual effort. Rather than inconvenient facts and intractable realities, the non-believer becomes the enemy to be denigrated. Society splits up into hostile tribes glaring at each other across their information firewalls. As every fact or version of events is instantly contested and every event is surrounded by scores of different explanations, society distances itself further from what Voltaire is believed to have defined as the essence of democracy when he said that he disagreed profoundly with someone, but would be willing to die to defend their right to say it.  

Instead, we now have the motto of the Russian state RT channel which calls on us to ‘Question More’ and accept that every official version of events put out by our own governments hides more truth than it reveals. If, as RT proclaims, it is being unfairly victimised because there is ‘always another side of the story’, which it undertakes to reveal, then the view of the other person is not something to be respected and taken seriously, as Voltaire would have wished, but to be mistrusted and discounted. As Putin’s numerous explanations for the shooting

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down of the Malaysian Airlines flight over Ukraine in July 2014 demonstrate, multiple versions of the ‘truth’ do not establish a credible alternative version, but cast enough doubt on the most likely interpretation as to give free rein to all sorts of conspiracy theories – and allow Russia to hide behind the cloak of endless deniability. This is facilitated by a social media culture that enables the rapid and widespread distribution of these alternative realities, something we have come to call fake news. Like most fakes, fake news has a glitz and a drama that prosaic reality finds difficult to emulate. It does not have to be true to be newsworthy and shareable. According to recent research by the Massachusetts Institute of Technology, fake news stories move around the Internet and social media at six times the speed of accurate reporting. As governments and media in democracies need to spend more and more time debunking conspiracy theories, they have less time to promote their own version of events. If truth is always relative or politically biased in favour of one side over another, why undertake the effort to discover it in the first place? Truth is what I want it to be.

How have the Western democracies squandered in the space of just a few decades since the end of the Cold War their most important asset in winning it: the capacity to identify and to set policy by the truth? How is it that the tables have been turned and the autocracies and authoritarians of this world now exploit information and human connectivity to undermine our system rather than us undermining theirs? If they are successful, it is not because they are the masters of spin and disinformation, but because they are able to exploit the weaknesses in our own way of receiving and handling information, and our own waning interest and commitment to truth in our politics and individual behaviour.

In the first place, the Internet and social media have made the act of communicating more important than the content of communication. Descartes once said ‘I think, therefore I am’, but today this might be better rendered as ‘I communicate, therefore I am’. The Internet and social media isolate us from our fellow human beings, as we spend hours looking at screens, but also force us to be in constant contact with more and more of them. Expressing opinions and sharing tweets and posts is the price of joining the global conversation and having a sense of self-worth, even identity. The pressure to conform to the prevailing trend is intense if we are not to be left behind. So, paradoxically, the Internet and social media, which were designed to allow the expression of individual views and preferences, end up shaping a conformist mass opinion. At the same time, the Internet has allowed everyone to communicate and be

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an influencer without needing to become famous and prominent, or gaining a
voice through the traditional media. The American sociologist Clay Shirkey has
expressed this well in the title of his book *Here Comes Everybody*. Some may see
this mass participation in social and political communication as a liberating act
of direct democracy and individual empowerment. Yet it also brings to the fore
the darker side of humanity in the form of hatred, vitriol, bigotry and the ability
to say outrageous things without the constraint of attribution and accountability.
Bigots seeing their own views expressed by others believe that they are now
legitimate and lose their own inhibitions about speaking out. In this way, the
Internet, which began in the 1980s as the exemplar of free speech beyond
government control and censorship, has become the massive purveyor of fake
news. State propaganda and disinformation, radicalisation and indoctrination
and state monitoring and control – so much so that recently *Foreign Affairs*
magazine published an article by Richard Clarke and Rob Knake, former senior
US officials, calling on democracies to set up a new Internet with stringent
participation standards, because they believe the current global Internet has
become irredeemably contaminated with trolls, automated bots, misinformation
and disinformation, made-up hashtag campaigns and proxies pretending to be
someone else.

If the Internet and social media were merely being used to spread messages
of peace and cooperation or to make money from the ubiquitous advertisements
based on ‘hit’ statistics, perhaps we could live with this. Yet, the evidence of
recent years with deliberate interference in elections and disinformation
campaigns designed to sow divisions and undermine trust in governments
points to something darker. Governments have sponsored trolling campaigns
to discredit opposition activities and intimidate journalists, suppress dissent,
spread lies and manipulate public opinion. Researchers at the University of
Oxford found evidence in 2019 of social media manipulation campaigns by
governments or political parties in 70 countries, up from 28 in 2017. According
to the report, Facebook was the major platform where disinformation was
disseminated. Although Russia is often pointed to as the major source of these
campaigns, with its Internet Research Agency in St Petersburg and Advanced
Persistent Threat cyber teams in the military intelligence service having received
a lot of media attention, China has also become a major player. In August 2019,
Twitter and Facebook revealed a Chinese state-supported information operation launched globally to de-legitimise the pro-democracy movement in Hong Kong. Twitter announced that it had taken down 936 accounts that were ‘deliberately and specifically attempting to sow political discord in Hong Kong’. Facebook said that it had undertaken a similar operation, deleting fake accounts because it does not want its services ‘to be used to manipulate people’. The Oxford researchers also found that Russia and China are not alone in weaponising information to gain influence and intimidate opponents. India, Iran, Pakistan, Saudi Arabia and Venezuela were also cited in their report.

As we recognise the dangers that fake news poses – not just in undermining our democracies from within, but also encouraging our adversaries to conduct low-cost/high-gain hybrid warfare against us – the question becomes: what can we do to counter this trend and make ourselves more resilient? In recent times a number of response options have been identified.

First, there are calls for better regulation of the big tech and social media companies, particularly at a time when ‘deep fakes’ (video or audio clips that literally put words into somebody’s mouth) are becoming more widespread and sophisticated. We can debate at length whether giving people the tools to disseminate free speech to a wide audience outweighs the downside of hate speech and over-reliance on a few dominant and centralised information platforms (Google, Facebook, Amazon, etc.). Yet, we cannot dispute the fact that words have consequences and that the tech platforms cannot abdicate their responsibility with simplistic invocations of the right to free speech or that they are mere transmitters of messages with no responsibility for their content and impact, especially at a time when the majority of users are getting their news from social rather than traditional media. There must be a middle way between accepting the benefits of mass access to high-tech communication and hate speech as a regrettable but unavoidable consequence. Public policy needs to find that middle ground, for as Martin Luther King once said: ‘Rarely do we find men who willingly engage in hard, solid thinking. There is an almost universal quest for easy answers and half-baked solutions. Nothing pains some people more than having to think.’ Admittedly, social media companies have started to face up to the problem of fake news and misuse of their platforms. In response to public concerns about their enormous power to shape the public psyche, they have introduced more stringent algorithms to weed out fakes and hate speech, and to employ more fact-checkers and to be more sensitive to privacy issues. The question is: can they and should they do more? Should regulation be voluntary

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or imposed? Is the EU model of data protection and fines for abuse better than the US model of a voluntary public/private sector dialogue?

Next, there is the question of the traditional media. It has suffered at the hands of the Internet and the social media that have accustomed consumers to free content and the expectation that quality journalism can be provided free of charge. Lacking advertising revenue and subscribers, many great newspapers have folded or been forced entirely online. Budgets for foreign news coverage or muck-raking and investigative journalism have dwindled. In an age of fake news, some newspapers have benefited, like The New York Times, which has seen its readership increase as people hanker after reliable, quality journalism. This is not to say that traditional journalism can be restored to its former position and format; it has to adapt to the digital age just like the rest of us. Yet democracy depends on the Fourth Estate and having a broad spectrum of real journalism, which is independent of monopoly business ownership and political influence and control. The question is: without the state owning or subsidising newspapers, TV and radio or online traditional media, what can public policy do to make it easier for traditional quality media to survive and even thrive in the fake news environment? How can it be made more financially viable and safeguarded from political bullying and interference in an age when fake news is increasingly news that politicians do not like and any news is true if it works in their favour?

Another issue concerns political culture. Democracies do themselves no favours when they allow their leaders to demonise TV channels and newspapers as ‘enemies of the people’ and call on their supporters to forcibly eject journalists from political rallies. Nor do they help themselves when they hold votes, like the Brexit referendum in the UK in 2016, with the public being uninformed, misinformed and generally confused about the issue at hand and with lies and distortions dominating the media debate. Yet this referendum was the most consequential decision in British politics since the end of the Second World War. In an age when political leaders are successful because of their celebrity status rather than the breadth and depth of their intellects, the public is becoming far too forgiving of lies and exaggerations as if these are now a normal part of the political game (and the opposition does it too, right?). The Washington Post regularly publishes a survey of the lies and falsehoods spoken by US politicians and these extend well beyond the current White House.¹⁵ Yet few political careers are ended by these fabrications, which are inexcusable in an age when everything can be fact-checked instantaneously on Google. Churchill once said that ‘in wartime, truth is so precious that she should always be attended by a bodyguard of lies’,¹⁶ but we are not in wartime. Fake news and disinformation

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will never be countered if democratically elected leaders are their main purveyors and beneficiaries. The good example has to come from the top and the notorious liars and deceivers must be punished at the ballot box. Yet this not only requires a free and vibrant press but also the engagement of civil society more generally. Politicians will pay more respect to the truth when they understand that it is in their interests to do so. Again, what measures and instruments are available to us to combat post-truth politics?

Finally, there is the question of the weaponisation of information as a tactic of hybrid warfare. Because it is below the level of a classical armed attack, provoking a robust, even military response, hybrid warfare is an attractive method for adversaries to test and undermine the resilience of democracies. The Russian interference in the 2016 US presidential election has sounded the alarm bell. Democracies are improving their intelligence gathering and situational awareness, strengthening their cyber-defences and learning from each other’s experiences. Gaps and vulnerabilities are being plugged. RT, Sputnik and other purveyors of false reporting are being fined and the Baltic States are even setting up a Russian-language TV station as an alternative to the pervasive presence of Russian stations in the region. Both NATO and the EU have established units to spot and counter fake news campaigns, and centres of excellence, such as that of NATO in Riga and the joint EU-NATO centre in Helsinki, are bringing these two institutions together with the academic and non-governmental organisation (NGO) communities to analyse the trends and identify the best practices. NGOs like the Digital Forensics Lab at the US Atlantic Council and Bellingcat in the UK have performed sterling service in unmasking the organisations and individuals behind the disinformation campaigns. Again, the question is: are these efforts sufficient and commensurate to the challenge of state interference? What more should governments, NATO and the EU do to make such campaigns less attractive and no longer a relatively cost-free instrument of great power competition?

A famous saying from 19th-century American politics, which is often attributed to Abraham Lincoln, states that ‘you can fool all of the people some of the time and some of the people all of the time. But you cannot fool all of

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17 The EU’s European External Action Service (EEAS) has established task forces to deal with fake news and disinformation campaigns, e.g. StratCom East and StratCom South. In turn, NATO has something similar in its Press and Media Service devoted to – in NATO parlance – ‘myth busting and setting the record straight’.
the people all of the time. It would be pleasant to think that democracies will always wake up to their threats – internal and external – and heal themselves in good time before it is too late. Yet today the virtual gulag that China is placing around its Uighur population or the use of information technology and big data to impose a social credit and control system on its citizens, laws in Russia to disconnect itself from the Internet and India’s recent total isolation of Kashmir from the outside world by severing all communication links underscore the power of the information weapon to crush the open society and reduce individuals to the status of mere subjects. This is not what the empowerment of humanity via the Internet and social media promised us. Yet, it is not too late to find public policy solutions which can restore information technologies to their original role of facilitators of democracy rather than their undertakers. But the timeframe is closing and we need these solutions sooner rather than later.

This is why the present volume of expert analyses bringing together many academics arrives at just the right time. It aspires to deepen our understanding of the dangers of fake news and disinformation, but also charts well-informed and realistic ways ahead. To my mind, it is certainly one of the most comprehensive and useful studies of this topic to date and I recommend it to the general reader as much as to the policy-maker as a reliable guide and mentor.

Brussels
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22 Although this saying has been more reliably attributed to a number of other 19th-century US politicians and the earliest reference is to a Frenchman, Jacques Abbadie, who lived in the 17th century.
INTRODUCTION
‘They All Hear “Ping” at the Same Time’*

Georgios Terzis, Dariusz Kloza, Elżbieta Kużelewska and Daniel Trottier**

Most people, in fact, will not take trouble in finding out the truth, but are much more inclined to accept the first story they hear.

– Thucydides, History of the Peloponnesian War (5th century BC)

I.

This book is motivated, to a large extent, by some recent troubling developments in public discourse, namely the developments in information and disinformation practices. From the beginning of history, various and diverse means or channels of communication have been used to inform, misinform (unintentionally) and disinform (deliberately). However, in recent decades, the emergence and development of new information and communications technologies (ICT), combined with the ever-increasing digitalisation and globalisation of almost every aspect of modern life, among others, have opened up new and uncharted avenues to that end. This book therefore focuses on disinformation practices occurring with the help of digital media as these


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practices bring to the fore profound negative ramifications for the functioning of a democratic polity.

In particular, disinformation – nowadays frequently yet not uncontroversially labelled ‘fake news’,¹ ‘alternative facts’ or ‘post-truth’ in English (and imported therefrom to many other languages), ‘nepnieuws’ in Dutch or ‘infox’ in French – affects the values and principles on which many democratic polities, including the European integration project,² have been built, namely democracy sensu largo, the rule of law (Rechtsstaat) and the respect for fundamental rights. (This classical ‘constellation of ideals that dominate our political morality’ will be referred to, in this Introduction, simply as ‘democracy’.)³ Disinformation further affects many other aspects of public life, e.g. political and journalistic practices, all over the world – a development that appears to transcend cultural and political contexts.⁴

From a cursory look at recent history, the 2016 referendum on the departure of the United Kingdom (UK) from the European Union (EU)

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² We understand Europe sensu largo – it is a patchwork of supranational arrangements of economic and political nature occurring on the European continent, of individual countries that partake in these arrangements as well as of their inhabitants, regardless of whether they are citizens or not. In geographical terms, this polity comprises the EU with the non-EU members of the European Economic Area (EEA), Switzerland and four microstates – Monaco, Andorra, San Marino and the Vatican City/Holy See – that partake with a varying degree in these policies. All of them but the Vatican City/Holy See are members of the Council of Europe (CoE). The Council of Europe, in turn, which is tasked with safeguarding and promoting democracy, the rule of law (Rechtsstaat), fundamental rights and social development, currently comprises – at the time of writing – 47 Member States, i.e. virtually all countries on European soil, with the notable exception of Belarus. Eventually, the EU is a much more closely integrated economic and political union of – at the time of writing – 28 Member States. Its main economic component – the internal market – has been open to four other countries – Norway, Iceland and Liechtenstein (linked thereto via the EEA Agreement) as well as Switzerland (linked through bilateral agreements). In parallel, at the regional level, there also exist a few politico-economic unions, such as the Benelux (Belgium, the Netherlands and Luxembourg) and a few loose, political alliances, such as the Visegrád Group (Poland, Hungary, the Czech Republic and Slovakia) or the Weimar Triangle (France, Germany and Poland). Let us borrow a commonly used phrase ‘European integration project’ to refer, for our purposes, to this patchwork of arrangements.

³ J. Waldron, ‘The Rule of Law and the Importance of Procedure’, in J. Fleming (ed.), Getting to the Rule of Law, New York University Press, New York 2011, p. 3. For the sake of clarity, it suffices to explain that both the rule of law and Rechtsstaat doctrines serve multiple purposes in a democratic polity and one of them is to channel the exercise of ‘public power through law’. They achieve their goals in different manners and hence function differently, while sharing some common characteristics. The rule of law doctrine dominates on the British Isles, while the Rechtsstaat is dominant on continental Europe. Cf. e.g. G. Lautenbach, The Concept of the Rule of Law and the European Court of Human Rights, Oxford University Press, Oxford 2013, p. 18.

Introduction


Since then, ‘fake news’ has been attributed to, *inter alia*, fuelling the mob killings of five men in the Indian village of Rainpada. Real footage of a chemical attack in Syria was in this case falsely attributed to a nomadic tribe of alleged child abusers. Nowadays, such stories are plentiful. Eventually, the *lapsus linguæ* of Rudy Giuliani, lawyer to the incumbent US President, such as ‘it’s somebody’s version of the truth, not the truth’ or ‘truth isn’t truth’ might be said to ‘sum up the spirit’ of the contemporary disinformation practices. However, democratic polities are only at an early stage of understanding the implications of disinformation and digital media.

Consistent with the foregoing, the relations between democracy, on the one hand, and disinformation practices procured with the help of digital media, on the other hand, merit critical analysis and academic attention.

II.

1. Setting the Scene: Basic Concepts. This book focuses on a number of contested concepts, and first and foremost on ‘disinformation’, that is, following the *Oxford Dictionary of English*, ‘false information which is intended to mislead, especially propaganda issued by a government organization to a rival power or the media’, for political, personal or financial reasons. The term ‘disinformation’ might be taken as a synonym for ‘misinformation’, the latter being ‘false or inaccurate information,
especially that which is deliberately intended to deceive.\textsuperscript{10} However, as many other commentators, we ‘distinguish between misinformation as accidental falsehood and disinformation as deliberate falsehood’.\textsuperscript{11} Both concepts stand in opposition to that of ‘information’, that is, ‘facts provided or learned about something or someone’.\textsuperscript{12} (Yet, ‘information’ is only one element of the ‘knowledge pyramid’, in which, hierarchically arranged, ‘data precedes information, which precedes knowledge, which precedes understanding and wisdom’.\textsuperscript{13} Nevertheless, there exist limits as to what might be known, to the certainty or quality of knowledge, etc.)\textsuperscript{14}

The distinction between misinformation and disinformation, on the one hand, and information, on the other hand, is based on the concept of truth. ‘Truth’ is a foundational characteristic feature of ‘facts’ – i.e. things that [are] known or proved to be true, ‘true’ signifies ‘in accordance with fact or reality’, ‘accurate or exact’, or ‘loyal or faithful’.\textsuperscript{15} A ‘lie’, by contrast, is ‘an intentionally false statement’ and ‘fiction’ – ‘something that is invented or untrue’.\textsuperscript{16} ‘Truth’ has classically been defined as ‘adaequatio rei et intellectus’;\textsuperscript{17} however, the very definition of truth carries multiple meanings.\textsuperscript{18} Historians, anthropologists and philosophers have long established that what is true is not only geographically and timely bound, but also depends on the different types thereof. For example, Baggini distinguishes between religious/eternal, esoteric, authoritative, reasoned, empirical, creative, relative, powerful, moral and holistic truths.\textsuperscript{19} Different institutions – such as the state, religious organisations, educational and scientific institutions or family – compete with each other and they will have different

\footnotesize{\textsuperscript{10} Ibid.} \\
\footnotesize{\textsuperscript{12} Oxford Dictionary of English.} \\
\footnotesize{\textsuperscript{15} Oxford Dictionary of English.} \\
\footnotesize{\textsuperscript{16} Ibid.} \\
\footnotesize{\textsuperscript{17} Latin for ‘adequacy of things and thoughts’.} \\
\footnotesize{\textsuperscript{18} As a digression, the Greek word for ‘truth’ is ‘ἀλήθεια’ (a-lethe-ia), meaning ‘un-forgetfulness’. Already in 700 BC, Hesiod composed his monumental poem Theogony, in which he explained the genealogy of gods and the origins of the world, and reflected on the sense of importance of truth for the good functioning of organised society. According to him, the goddess Lethe, which is translated as oblivion or forgetfulness, has a very interesting etymology and relatives. Lethe’s mother was Eris (Strife). Her brothers and sisters were Algeia (Pain), Machai (Battles), Limos (Famine), Phonoi (Murders) and Dysnomia (Disorder). Lethe’s aunt was Apati (Deceit) and her grandfather was Chaos. See G. Antionou, ‘The Lost Atlantis of Objectivity’ (2007) 46 History and Theory 92.} \\
\footnotesize{\textsuperscript{19} J. Baggini, A Short History of Truth: Consolations for a Post-truth World, Quercus, London 2017, pp. 11–105.}
levels of power to establish the truth, depending on the issue (faith, health, the environment, defence, the economy, etc.). "Post-truth," eventually, is an adjective ‘relating to or denoting circumstances in which objective facts are less influential in shaping public opinion than appeals to emotion and personal belief’.  

This book is concerned with disinformation procured with the aid of ‘digital media’. These media, defined most generally, refer to a set of technologies that individuals and other social actors use to communicate and coordinate with each other.  

We understand this term to include both hardware, such as mobile devices, alongside software, such as applications and platforms. Although it is technically possible to consider television and radio as media that are digital, in practice the term ‘digital media’ is invoked in contradistinction to such forms of broadcasting. In other words, the scholarly and societal importance of ‘digital media’ lies in their ability to empower atypical media actors, such as those involved in media production who may lack formal credentials, training, skills, etc. – for example, laymen – to engage in activities previously restricted to media professionals, such as credentialed journalists.

Eventually, as a subset of ‘digital media’, we can identify ‘social media platforms’ as digitally mediated locations where a user base is compelled to submit information about themselves (including news items they may have read and opinions thereof) as well as consume information about others. As digital environments, they may be understood as distinct from any given culture or jurisdiction. Yet, in practice, they can become deeply embedded and consequential for the diffuse contexts that they bring together. These platforms nowadays constitute perhaps the key environment in which disinformation practices take place.

2. Research and policy perspectives. What is important then is by whom and how disinformation is established in different societies, how and when it is consumed, and what kind of an impact it has on democracy. First, these new digital media alter the dynamics of disinformation by the three actors of political communication, namely politicians, media and even – these days – the public (citizen journalism). Politicians, for example, might tweet ‘fake news’ directly to their audience, then journalists working on 24/7 news circles reproduce them instantly and sometimes without the time to verify them, and the public forwards them to millions more of their online ‘friends’ on social media platforms. Similarly, a number of pieces of ‘fake news’ might be initiated by the media and

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22 D. Trottier, Social Media as Surveillance: Rethinking Visibility in a Converging World, Ashgate, Farnham 2012.
even by citizens, and then have an impact on the media and even political agendas. Obviously, the credibility of those sources of disinformation varies widely, depending on their institutional role, the mediatisation level of politics, the specificities of the political system (majoritarian, proportional, etc.) and the levels of media proliferation and audience fragmentation of different countries, among others.

Second, the nature and the timing of disinformation procured through digital media play a vital role. Communication and political science literature indicate that different types of disinformation practices pose different types and levels of challenges. More obtrusive stories pose different challenges compared to non-obtrusive stories, as well as sensational vs. non-sensational, more negative vs. less negative, widely covered vs. less covered stories, and stories about new issues vs. stories that have been in the public arena for some time. Moreover, research indicates that disinformation poses different challenges during different periods (e.g. election campaigns, emergencies).

Finally, the impact of disinformation is to be distinguished between the three levels on the three different actors (political organisations, the media and the public). The impact might be on a ‘purely’ informational level, on an attitudinal level or – further – on a behavioural level. All these impacts are equally important and related, but are still different when these are considered as challenges to democracy. Thus, the relationship between disinformation and its effects on democracy is not straightforward. Given the debate in media and communication science on media effects for the past 70 years, during which the society moved from strong to minimal, to medium to conditional and transactional effects (i.e. uses and gratification), disinformation in certain cases might be an existential threat while in others – just a nuisance.

3. The importance of facts and truth for the functioning of democracy, and the change of dynamics. That the truth is essential for both private and public life has been known for centuries. Baggini, for example, observed that ‘we all have a
sense that truth is not merely an abstract property of propositions but somehow essential to living well. If your life turns out to have been built on nothing but lies, it is as though it has not been real.  

In public life, one of the key ideas behind democracy is that – rationally speaking – free, equal and engaged citizens of a polity debate peacefully in order to convince their opponents and adversaries to their own viewpoint, with a view to eventually reaching a consensus and deciding on public affairs, for example, in the electoral process. Ideally, their decision should be rational and based on the best available information. It follows that this debate has to be based on facts and hence on truth. This debate is continuous and therefore democracy can be viewed as a process. Many commentators discussed these building blocks of democracy and, for example, Popper recognised objective knowledge as a foundation of the proper functioning of democratic society. Downs, in turn, favoured the rationalisation of social life, where the decision-making process should rely precisely on the best available information. Finding the truth, according to Dahl, constitutes one of the basic conditions for democracy. To that end, the media constitute an essential means to disseminate information for the purposes of such a democratic debate. Already in the 19th century, for example, while analysing the political and social system of the US, de Tocqueville argued for the local media to facilitate access to knowledge and to tell the truth instead of manipulating the facts.

However, this debate has not always been based on facts and truth; instead, it has been frequently based on lies. Although not all lies are equal, lying has formed part of public – and private – life since the beginning of humanity. Furthermore, as Rosenfeld explains, the democratic idea of truth never quite lived up to its promise of influence by persuasion rather than force. Nowadays, the ‘post-truth’ and related phenomena function as a new weapon of political manipulation. Trust in expertise and in institutions has declined, cynicism has risen and citizens are becoming their own information curators.

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To add to this complication, new phenomena and new means of disinformation, such as ‘filter bubbles’ – i.e. ‘personal ecosystem[s] of information … catered by … algorithms to who they think you are’ – have emerged. In this example, ‘filter bubbles’ are driven by both a demand side and a supply side. On the demand side is the human predisposition to seek ideologically satisfying news that reinforces existing worldviews. This results in the ‘pleonastic excommunication’ created by the plethora of the new media that cannibalise on the time devoted to traditional media consumption that is more likely to include fewer partisan views. On the supply side is a new media business model that is based on an attention-seeking-and-maintaining digital advertising economy that is successful by maximising the servicing of that demand. These supply and demand forces that constantly reinforce each other, in combination with the existing and even more extreme ideological segregation of friends and neighbours in most societies (those same friends and neighbours who have also replaced traditional editors of one’s newsfeed), create a vicious circle of polarisation. This makes a compromise – one of the basic premises of democracy – nearly impossible since the population does not share the same facts.

III.

This book is split into three parts. Part I is entitled ‘Theoretical approaches to and the conceptualisation of disinformation’. This begins by providing an overview of various conceptual approaches to disinformation and its redefinition. It further examines their potentially threatening impact on the media, and – more broadly – on democracy. A recurring question is whether the fight against disinformation is one of the greatest challenges modern democracies face or whether it is merely an old phenomenon with ‘new clothes’.

In Chapter 1, Papakonstantinou opines that the term ‘fake news’ is inherently wrong because ‘news’ are facts and facts either are (in which case they cannot be fake) or are not (in which case they are simply lies). However, the

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streamlined use of the term shows that it is used mostly as an accusation against news (i.e. facts) that we either do not like per se or do not like the way they are presented. The only thing different from similar phenomena in the past is the Internet and its social media platforms that provide a suitable environment for the deployment of such ‘fake news’. However, if we are to find any meaningful way of fighting against them, we need to understand them for what they are and fight against each case separately. Papakonstantinou concludes that ‘fake news’ deserves no special treatment and should not be the cause of any regulatory intervention.

Daubs demonstrates in Chapter 2 how the term ‘fake news’ has been redefined by the political right in order to de-legitimise the press. Whereas the press was once seen as the defender of the people and the mediator between the state and its populace, it now needs the populace to defend it at a time when public confidence in the press is at an all-time low. The combination of the deployment of ‘fake news’ as a combative term to marginalise journalists and the lack of confidence in the press represent a threat to press freedom, the ability for people to be informed and engaged citizens, and – hence – to democracy itself. However, the increasingly frequent attacks on the press and journalists work not only towards limiting the freedom of the press, but are also creating conditions in which journalists themselves are under threat. Through a discourse analysis of comments and online content from the incumbent US President and other government officials, combined with a comparative historical analysis, it is illustrated how the term ‘fake news’ has been reconfigured into the modern evocation of Lügenpresse, the German propaganda term meaning ‘press of lies’ used by the Third Reich.

In Chapter 3, Klepka analyses the problem of disinformation and its growing scale, with particular emphasis on ‘fake news’ as a new communication phenomenon. He indicates the threats to modern democracy posed by new phenomena in the area of mass communication. The main motive of the outlined concept is the presentation of successive sequences of information processing methods, which, together with technological progress, are increasingly distant from neutrality and the idea of reflecting reality. Over time, political bias, which has always been present in the media, began to use human natural predispositions and technical possibilities to create ‘echo chambers’ and ‘filter bubbles’. The latest step in the development of the analysed trend is ‘fake news’, which, however, seems to be only the next stage in the discussed process and not its final stage. It seems that only adequate preparation to be an aware citizen and responsible consumer of media content can be an attempt to fight the ubiquitous tendency towards disinformation. The pursuit of opposition to disinformation is undoubtedly one of the greatest challenges facing modern democracies.

On the contrary, in Chapter 4, Stocchetti argues that (dis)information is not a threat to democracy, because the political regimes inspired by democratic
values are based on epistemic and political grounds that neutralise the effects of involuntary or deliberate disinformation in both the social construction of reality and in the competition for control over the use of legitimate power. The main problem with the current debate about (dis)information and democracy is the possibility that undemocratic efforts to control the subversive effects of communicative freedom in the digital age may instrumentalise the genuine concern about the future of democracy. To disambiguate this element of ambivalence, four points are proposed. Amongst these, on the strength of democracy, he concludes that it primarily depends not on the quality of circulating information, but on the quality of its citizens or, more precisely, on the quality of their critical or hermeneutic competences and their resolve to use these competences to think and act on behalf of a shared notion of the public good. Without these competences and determination, there is no imaginable quality of information that can do the trick in their absence.

Chapter 5 investigates the legitimacy of representative democracy in relation to the communicative landscape staged by the digital revolution. Lukkassen concludes that it is not possible to have an honest and sincere representative democracy based on the precondition of communicating with the electorate using modern media. Political and ideological sincerity is no longer indisputable, since for his or her success, a politician depends mainly on factors which transform a people’s representative into a media personality. The nature of the medium itself can also influence a discussion or even change its content through the dynamics between the media, velocity and space of communication. However, this does not imply that democracy cannot survive at all under these conditions. ‘Democracy of the 19th century is urgently in need of an overhaul in order to be sincere and representative in the 21st century’.

In Chapter 6, Farkas and Schou systematically unpack and critically discuss contemporary ‘post-truth’ discourses and their democratic underpinnings. Instead of asking whether democracy really is suffering from a ‘post-truth’ crisis, they examine the discourses presenting this claim with a higher aim of interrogating the very real democratic struggles they contain and foreclose. Democracy is perceived as a truth-telling and rational project concerned with using facts as the foundation for consensus-based political decision-making. This widespread tendency – to take notions like truth, democracy and ‘fake news’ for granted – is criticised, as these terms are deeply politically and socially charged and constructed, instead of mere descriptions of the world. Instead of seeking to find supposedly ‘real’ or ‘neutral’ definitions of ‘fake news’ and ‘post-truth’, we need to investigate how they are mobilised as part of political conflicts. In the end, democracy is not just about truth alone; it is about the voice of the people and what they, collectively, deem appropriate.

Barnhizer and Candeub claim in Chapter 7 that ‘fake news’ undermines the rule of law as it derives its strength from appetitive and emotional responses in a manner that threatens both the rule of law and the willingness of a political
culture to trust in democratic institutions. The phenomenon of ‘fake news’ furthermore creates an atmosphere in which political, media and cultural elites can exploit fear about ‘fake news’ in order to forward their own agenda and undermine democratic institutions in favour of political control by a dominant oligarchic elite. The authors place the ‘fake news’ concern in the context of media regulation in the US. Looking to the ‘elite theory’, i.e. a generalisation that nearly all political power is held by a relatively small and wealthy group of people sharing similar values and interests, and mostly coming from relatively similar privileged backgrounds, they suggest that the ‘fake news’ cause may simply be an elite power grab that US media regulation would allow. The authors eventually suggest that the best response is ‘dynamically prophylactic’, including active training of individuals to recognise fake news, encouraging greater freedom of expression and resorting to state-based structural responses (e.g. antitrust enforcement).

Part II is entitled ‘Experience of dealing with disinformation’. Moving from theory to practice, in this section the authors report insights from dealing with ‘fake news’, including case studies from the EU and the US. In particular, the authors share experience and their aftermath on why ‘fake news’ thrives during financial and political crises, whether disinformation was a tool for implementing a security policy and a method for fact-checking.

In Chapter 8, Terzis shares the phenomenon of non-coverage of certain ‘truths’ using Greece as a case study: during the financial crisis (2009–2018), in its coverage, some of the most important ‘true stories’ failed to be covered substantially and consistently by the media. The lesson from the Greek financial crisis non-coverage only confirms that in today’s globalised economy and political world, liberal democracies cannot afford to neglect having an independent press that oversees at governments’ and businesses’ possible abuses. A discredited economy and democracy would be restored only through an independent and critical press that reports the ‘true stories’ that matter, raising the above issues high in its media agenda and thus the public agenda, and forcing politicians to act on these and, by doing so, safeguarding democratic systems.

Experiences from Greece continue in Chapter 9, where Sitistas examines how and why ‘fake news’ has thrived in Greece, especially during the financial crisis, what it is based upon and what is its impact on the Greek society. Greece was already poorly equipped to battle ‘fake news’ even before 2009. The economic crisis that started 10 years ago managed to make things even worse. Greeks already had a poor understanding of what caused the economic downfall and would rather attribute it to ‘foreign powers’ than accept even the slightest responsibility. From that point on, it was rather easy for ‘fake news’ and conspiracy theories to thrive, along with populist politicians who took advantage of Greeks’ insufficiency of media literacy and populistic journalism. As Greece is emerging from 10 years of harsh austerity, the challenges remain the same.
In Chapter 10, Reilly discusses the impact of digitally manufactured ‘fake news’ upon political institutions in Northern Ireland. He does so by first presenting an in-depth study of digital disinformation in ‘post-conflict’ Northern Ireland through the development of a historical understanding of the role of propaganda in a deeply divided society. Next, he provides an overview of the emergent literature on information disorders, as well as efforts to mitigate their impact on democratic processes, such as elections and referenda. In the absence of a political consensus on how to address complex conflict-legacy issues, digital disinformation looks likely to persist and possibly thrive in this deeply divided society. In this regard, the current genre of information disorders may have much more in common with the ‘propaganda war’ than was previously thought. A holistic approach towards addressing the causes of information disorder in deeply divided societies such as Northern Ireland is finally proposed.

In Chapter 11, Waśko-Owsieczuk stresses the use of disinformation and appeal to fear as a tool for implementing US security policy during the presidency of George W. Bush. The terrorist attacks carried out on 11 September 2001 in the US created a convenient situation for the introduction of controversial policy pursued by the White House in the months following the attacks, which in other circumstances would not gain acceptance from either US society or the wider international community. As it turned out, the Bush administration presented false information, thus disinforming the public. The author examines the purpose of the use of disinformation and appeal to fear by the Bush administration and the impact that these tools had on public opinion. The analysis demonstrates how disinformation and propaganda are equally common in democratic polities and not only in authoritarian regimes.

In Chapter 12, Pavleska, Školkay, Zankova, Ribeiro and Bechmann present a study that for the first time integrates theory and practice directly from the ‘battlefield’ of fact-checking and combating ‘fake news’ into a novel method for the performance analysis of fact-checking organisations. This method includes the development of a scheme of performance indicators and the definition of a taxonomy of fact-checking systems, supported by an already-existing conceptual framework. The results from the study reveal huge space for improvements in the workflows and the functionality of fact-checkers, and lead to the extraction of a set of recommendations in this regard. The authors make a proposal for a general research and assessment framework for the performance of fact-checking organisations, including the successful ‘marriage’ between technology, and human efforts and public involvement. In addition to its practical value, this study also contributes to the development of pressing and crucial societal issues and the improvement of democratic and governance processes.
Part III is entitled ‘Solutions to deal with disinformation and their critique’ and moves the focus of the book to various proposed measures to deal with disinformation.

Chapter 13 maps the current approach of the European Court of Human Rights (ECtHR) towards disinformation through the inductive analysis of its case law thus far. Hanych and Pivoda identify the Court’s approach to various aspects connected with ‘fake news’, especially those related to the freedom of expression, and the right to respect for private and family life. Even though the ECtHR has not yet had the chance to decide on a case directly concerning the issue of the proliferation of ‘fake news’, the Court has already commented on several substantial aspects of such a phenomenon. However, the examination of a procedural side of judicial protection indicates some potential drawbacks, such as the identification of a probable perpetrator, which in the cases of the creation or spread of false information online can be per se impossible. Furthermore, even if national legal systems provided for certain kind of appropriate remedies, taking legal action might still be unpredictable and be a rather financially and time-consuming means.

In Chapter 14, Pauner Chulvi discusses the influence of ‘fake news’ that is placed online and is spread quickly through social media on the freedom of expression and information in the context of the US presidential election, the Brexit referendum and the Colombian referendum (2016). The rise of ‘fake news’ is becoming a threat to democracy as it constitutes an assault on the right to information, pluralism and the right of citizens to freely form an opinion. Whereas ‘fake news’ has always existed, what is new now is its proliferation on social media and the lack of any quality control. The challenge posed by ‘fake news’ requires a paradigm shift in terms of the tools used to combat it and the entities involved in the battle. Fact-checking, the cornerstone of journalistic practice, needs to be the main tool employed in this endeavour. In terms of which parties should be involved in combating ‘fake news’, calls have been made for the state, the media, technology firms and civil society to participate.

In Chapter 15, Kuczerawy examines the European Commission’s Code of Practice on Disinformation, published in September 2018, from the perspective of the right to freedom of expression. Enlisting private sector organisations to regulate the speech of their users may seem to be a practical and efficient approach, as it places the burden directly on the platforms who have the technical means to address the problem. However, it could also be seen as the passing of a ‘hot potato’ instead of approaching the problem responsibly and in accordance with the rule of law. Thus, it should be accompanied by safeguards that could introduce balance and elements of due process: an addition of a notification, counter-notification or an appeal mechanism, which may slow down the process of handling disinformation. However, a strive for efficiency should not trump the
respects for fundamental rights. Disinformation is a highly complex problem that requires a proportionate and evidence-based response. Improvised solutions that do not sufficiently safeguard fundamental rights may lead to unintended consequences on legitimate public debate and – more broadly – democracy.

In Chapter 16, Meyer, Marsden and Brown review policy initiatives relevant to illegal content and disinformation online with the aim of understanding how they recommend the use of technology as a solution to curb certain types of content online and what they identify as the necessary safeguards to limit the impact on the freedom of expression. In particular, they analyse commitments and recommendations made towards transparency in technical interventions aimed at decreasing the prevalence of disinformation. All these policy developments and EU initiatives fit into a context where social media platforms and search engines are increasingly scrutinised on competition grounds and are called upon to take their share of responsibility in the online ecosystem. This chapter thus identifies the limits of technology in regulating content online and makes policy recommendations aimed at ensuring independent, transparent and effective appeal and oversight mechanisms in the use of technology for online content moderation.

In Chapter 17, Archontis takes into consideration the implications that arise from spreading disinformation online and examines not only the factors that led to that problem but also what tools are available to ascertain the accuracy of any given claim encountered online or in the print media. Such tools are available online, and their presentation can help every aspiring fact-checker in developing his or her own skills and improving his or her experience through practice. While writing an original news story may be already a laborious task, fact-checking a published article may sometimes be even more demanding. The purpose of this chapter is not to provide a full documentation of the tools used by every fact-checker, but to help the reader fully grasp the extent of the problem faced regarding ‘fake news’.

In Chapter 18, Bentzen builds on the Cambridge Analytica scandal to highlight the lack of definition of ‘scientific research’ in the General Data Protection Regulation (GDPR) – in the context of personal data processing – as a potential threat to democracy. By not defining ‘scientific research’, the GDPR may extend the privilege such research affords to an unintentionally broad range of actors and activities; for example, data and research based thereon might be used to manipulate. As an utmost consequence, this could endanger the research participants’ legitimate expectations, trust and fundamental rights, and could even endanger democracy as such. Unless the ‘scientific research’ term is clarified, it cannot function as a safeguard against misuse. There are three main potential assessment criteria to be derived from ECtHR and Court of Justice of the European Union (CJEU) jurisprudence for the assessment of ‘scientific research’, although these do not provide sufficient safeguards by themselves: the role of the legal entity, the role of the persons carrying out the activity, and
quality standards, including the scientific method applied. Adding an additional criterion – an ethical assessment including respect for context, inspired by Nissenbaum’s theory on contextual integrity – will make the definition of ‘scientific research’ more robust against cases such as Cambridge Analytica, protecting both individuals and democracy.

Finally, in Chapter 19, an invited contribution, Kritikos comments on the COVID-19 pandemic and a related ‘infodemic’ ongoing at the time of writing, and analyses, from the lens of democracy, the early efforts to combat mis- and disinformation in the context of scientific uncertainty. Kritikos first overviews the development of the problem, sketching its political, cybersecurity and (public) health dimensions, as well as its consequences for democracy. He presents and evaluates the relevant initiatives to tackle mis- and disinformation at both international and EU levels. He continues by examining some of the informational challenges associated with the spread of falsehood surrounding the pandemic, such as its novelty, and scarcity and the (still) unverified nature of much of the available information. Finally, Kritikos offers a few preliminary suggestions as how to deal with the ‘infodemic’ while maintaining the democracy standards to which Europe has always adhered to. In particular, he argues that, with regard to fact-checking, inter alia, a strive for efficiency should not trump the respect for fundamental rights and freedoms, and for scientific and ethical plurality. In parallel, open-science and data-sharing initiatives should complement the existing efforts to combat the pandemic and the ‘infodemic’.

IV.

Taking into account the topics discussed in the chapters in this volume, we cannot help but offer a few points of reflection on the past, present and future of disinformation, digital media and democracy in the European integration project.

First, disinformation in public life is nothing new, as for example Papakonstantinou and Daubs also argue in this volume. Misinformation (unintentional) and disinformation (intentional), deception, manipulation, populism, bigotry, conspiracy theories, censorship, propaganda, indoctrination and other distortions of the truth have all been part of democracy since its conception in Athens. (In fact, of any political system.) Already in Plato’s Republic, Socrates proposes the ‘noble lie’, i.e. a fundamental myth of identity and belonging, and of a social structure, that those who govern disseminate to their subjects to organise them, maintain harmony and sustain a political system, e.g. a democracy.42 (Speaking even more broadly, civilisations have been

The humane ability to ‘create and spread fictions’. In ancient Rome, in the same vein, it was observed that ‘populus vult decipi, ergo decipiatur’. The 20th century alone witnessed, *inter alia*, the ascent of the Soviet propaganda machine, including the daily newspaper *Pravda* (Russian for ‘truth’), alongside the Third Reich’s *Lügenpresse* (German for ‘press of lies’) and even a mantra of propaganda to ‘repeat a lie often enough and it becomes the truth’, frequently attributed to the Nazi Joseph Goebbels. Development of technology magnified the effects. At the time, thanks to the ‘rapidly evolving medium of radio’, never before ‘had such an efficient tool of manipulating the human mind been available’. At the dawn of 21st century, disinformation and propaganda are still used to implement controversial security policy, for example in the post-9/11 US, as *Wasisko-Owsiejczuk* explained, and the ‘infodemic’ challenges decision-making not only in (public) health matters, as *Kritikos* observed. In addition to altering the present, rewriting the past took place not only in Orwell’s *Nineteen Eighty-Four*, but in reality too – for example, Leon Trotsky, Nikolai Yezhov and perhaps many more communists were erased from Soviet history, having turned from allies into enemies of the state. The contemporary functioning of the media, even in (still) democratic polities in Europe (e.g. Hungary and Poland), manipulation and the (rhetorical) attacks on media freedom, even in the US, are cases in point.

It might require further investigation, but it seems that the term ‘fake news’ appeared, in the context of the media, for the first time in a 1894 issue of American humour magazine *Puck*, which published Opper’s cartoon ‘The Fin de Siècle Newspaper Proprietor’. The drawing shows a ‘newspaper owner, possibly meant to be Joseph Pulitzer, sitting in a chair in his office next to an open safe where “Profits” are spilling out onto the floor; outside this scene are many newspaper reporters … rushing to the office to toss their stories onto the printing press’. In the picture, one of these stories bears the label ‘fake news’.

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44 Latin for ‘people want to be deceived, so let them be deceived’.
Introduction

Since this illustrates that disinformation and similar practices are ‘nihil novi sub sole’,\textsuperscript{52} and in line with the tradition that the European Integration and Democracy book series has established, this very detail has been reproduced on the front cover of this book. Furthermore, the colour of the cover – yellow – alludes to the so-called ‘yellow press’, i.e. the ‘use of lurid features and sensationalized news’,\textsuperscript{53} this also emerged in the late 19th century, alongside the term ‘fake news’.\textsuperscript{54}

Second, disinformation and similar practices only seem new due to their form, dynamics and – as we discussed in the opening paragraph – their (frequently controversial) label: these have changed over time, as observed in this volume by Klepka. The essence nonetheless has remained. Each era brings new tools of communications, from word of mouth, to the written word, to the invention of the telegraph, the computer and the Internet. The characteristics of the latter means of communication, such as speed, cost and the overcoming of the constraints of distance, brought completely unprecedented dimensions of disinformation. One of the paradoxes of these new technologies, and of digital media that run thereon, is that of a possibility of their use for both licit and illicit ends. These technologies might be at the same time fostering and suppressing democracy, as illustrated in this book by Lukkassen, Farkas and Schou, and Barnhizer and Candeub. For example, while digital media make it possible to express oneself more freely, e.g. during an electoral campaign, they also allow for direct contact between politicians and the citizenry. As a case in point, Twitter has become the prime communication tool of the incumbent US President. Kellyanne Conway, Donald Trump’s advisor, once commented that it was ‘the democratisation of information’ as ‘[t]hey all hear “ping” at the same time’.\textsuperscript{55}

Yet, this is only one side of the coin. At times, this direct contact – which is quite a novelty – comes at the expense of democracy, for example the integrity of the electoral process, due to manipulation, as this does not help the citizenry making an informed choice,\textsuperscript{56} as Pauner Chulvi, Bentzen and Reilly highlighted.

Third, ‘fake news’ is often characterised as a tension between traditional media and new actors on social media platforms, while we contend that we

\textsuperscript{52} Latin for ‘nothing new under the sun’.
\textsuperscript{54} W.J. Campbell, Yellow Journalism: Puncturing the Myths, Defining the Legacies, Praeger, Westport 2001.
\textsuperscript{55} Cf. supra, first asterisked note.
are in fact not witnessing a radical displacement of ‘the usual suspects’ behind disinformation campaigns. Although it is tempting to position conventional journalism and related practices like fact-checking as endangered by the growth of digital platforms, in practice there is a more symbiotic relationship between these entities, a factor also observed by Archontis. Journalists do not work against social media platforms, but rather within and through these. 57 We may speculate that both conventional press and digital platforms are beholden to a business model that privileges attention-seeking and audience engagement, which in turn redirects traditional news values and selection criteria, and consequently journalism and media ethics. Moreover, even when the so-called political or journalistic ‘nobodies’ are responsible for prominent ‘fake news’ incidents, as in the cases presented by Terzis and Sitistas, their efforts are more likely to inform existing press or political activity rather than simply disrupt it. 58

Fourth, this book has probably proven the obvious that the efforts thus far to combat disinformation and similar practices have been rather insufficient, as, for example, Pavleska et al., Meyer et al. and Kritikos have argued. (Some commentators, however, question the very need for any reaction to ‘fake news’, e.g. Papakonstantinou, or argue that the problem lies elsewhere, e.g. Stocchetti, or suggest to first use the existing avenues, e.g. Hanych and Pivoda.) While many other commentators have lamented that, in the public sphere, ‘falsehoods are mostly left unchallenged’, 59 reactions to the new dimensions of disinformation, if undertaken, can range from some organisational and technological measures to regulatory ones. While the former include fact-checking (human-led, technology-led, or both) and journalism education, 60 the latter can vary from mild self-regulation (e.g. codes of practice) to even outright imposition of (criminal) liability (e.g. laws against defamation, unfair commercial practices, competition or against Holocaust denial). However, as Stocchetti observes, a high level of education of the citizenry – in addition to (digital) media literacy, their awareness, critical hermeneutic competences, resilience, vigilance and some common sense – is frequently proposed as one of the remedies. 61 At times, journalists and media outlets are reminded that truthfulness is one of the basic principles of any code of ethics of their profession and that members of a democratic polity would normally expect them to observe these codes

60 Cf. Ireton and Posetti, supra note 36.
of conduct. In addition, many media outlets have a reputation to uphold. Most scholars and policy-makers seem to agree. Nevertheless, more is needed. Some commentators argue further that more time and effort should be invested in combating disinformation by, for example, diversifying sources of information and their comparison, and be willing to pay credible media outlets for reliable information. However utopian the suggestion that all the citizenry should be informed about all public affairs, that an individual has sufficient means to verify what is true and what is not, and that total transparency is feasible or even desirable, the fight against disinformation should be perceived as a shared competence among various actors and a combined use of different tools (cf. Pauner Chulvi).

Fifth, some of the efforts to fight disinformation might conflict with the values and principles on which a democratic polity has been built, as many commentators have stressed, and – in this volume – Stocchetti, Kuczerawy, Bentzen, and Hanych and Pivoda have struck the same chord. As the most mundane examples, the proposed ‘ministries of truth’ would challenge due process (fair trial) or, simply, falsehood might be afforded protection set by the freedom of expression (free speech), hence largely limiting the intellectual and legal ‘arsenal’ to fight disinformation. Yet, human rights law – at least in theory – already has known the solution to how two or more seemingly conflicting human rights, freedoms or – broadly – individual and collective interests can walk together. To a large degree, the answer lies in the principle of proportionality. Proportionality ‘was originally used by Euclid as a mathematical term relating to relationships between shapes’ and was subsequently transposed to other domains, such as aesthetics and ethics. In law, its contents have been formulated in different terms by commentators and courts alike. Typically,
proportionality could involve up to four components: legitimacy (i.e. whether a measure intended to intrude on the enjoyment of a human right has an 'objective of sufficient importance');\textsuperscript{67} suitability (i.e. whether it is 'capable of achieving' this legitimate objective);\textsuperscript{68} necessity (i.e. 'whether the measure is necessary to achieve that aim, namely, whether there are other less restrictive means capable of producing the same result'); and proportionality \textit{stricto sensu} (i.e. 'even if there are no less restrictive means, it must be established that the measure does not have an excessive effect' on one's interests).\textsuperscript{69} If found disproportionate on any of these ground, the measure would be – at minimum – illegal.

Sixth and finally, as Huxley once observed, 'life is short and information endless'.\textsuperscript{70} Fighting disinformation and related practices is a strenuous exercise, particularly due to an abundance of information and, in parallel, a scarcity of resources to address the problem. The COVID-19 'infodemic' is a case in point, which has further highlighted the difficulties in decision-making in both public and private life. The dilemma is precisely how to act in situations in which 'facts are uncertain, stakes high, values in dispute and decisions urgent'.\textsuperscript{71} Traditionally, science is meant to offer a solid base, largely quantitative predictions, for informed decision-making and the abundance of falsehoods stands in opposition thereto. But in a situation like a pandemic, such predictions are limited and unreliable (as e.g. information is novel, out of context, incomplete and, frequently, unverified), and, in the 'infodemic', furthermore, truth is difficult to distinguish from falsehood or e.g. sensationalism, while decisions must be taken immediately. This recalls Funtowicz and Ravetz's 'post-normal' approach to science, and more concretely using it for decision-making processes.\textsuperscript{72} Post-normal science joins the chorus of appeals to democratise science and resort to an 'extended peer community', i.e. 'the knowledge base should be pluralized and diversified to include the widest possible range of high-quality potentially usable knowledges and sources of relevant wisdom, without enforcing the demand for science to speak with one voice'.\textsuperscript{73} Admitting the uncertainty of information, post-normal science emphasises not only the gathering of information (i.e. public participation), but also its quality assurance through multiple channels.

\textsuperscript{67} F. Urbina, 'A Critique of Proportionality' (2012) 57(1) \textit{American Journal of Jurisprudence} 49.


\textsuperscript{69} T. Tridimas, \textit{The General Principles of EU Law}, Oxford University Press, Oxford 2013, p. 139.


\textsuperscript{71} S.O. Funtowicz and J.R. Ravetz, 'Science for the Post-Normal Age' (1993) 25(7) \textit{Futures} 744.

\textsuperscript{72} \textit{Ibid.}, 739–755.

Hence, it is not surprising that Kritikos argues, *inter alia*, for a coordinated opening up of the repositories of non-personal data (open data) and more robust fact-checking by media outlets, governed by a dedicated ethical code of conduct.

To conclude, in order for a democratic polity – in which we see intrinsic value – to exist and flourish, it is indispensable that it is based on facts and, hence, truth, to the extent that these are attainable. There are instances in which fiction, satire and fantasy are desirable, such as an artistic recounting of events that may exaggerate or even fabricate certain details. Disinformation and comparable practices, in contrast, negatively affect the very building blocks of democracy. As undesirable as this may be, misinformation (unintentional) and disinformation (intentional) may always feature in democratic debate, within the boundaries of the freedom of expression (free speech) and decency, yet falsehood must be clearly designated as such each time. In other words, the citizenry has to be able to distinguish fact from fabrication and – to paraphrase the epigraph – not to ‘to accept the first story they hear’, suggesting the need for a capacity to draw distinctions (e.g. true vs. false, fact vs. interpretation) as well as for media literacy that extends beyond being technologically savvy. Having heard ‘ping’, the choice of what to do with clearly labelled ‘fake news’ nonetheless rightly remains in their hands.

Democracy is a process and it would be naïve to conclude it was a given. Already in 1939, Dewey argued against the belief that ‘democratic conditions automatically maintain themselves, or that they can be identified with fulfilment of prescriptions laid down in a constitution’.74 In his Foreword to this volume, Shea too observes that ‘it would be pleasant to think that democracies will always wake up to their threats – internal and external – and heal themselves in good time before it is too late’.75 Instead, as Voltaire’s Candid said, ‘il faut cultiver notre jardin’76 and this ‘cultivation’ would also mean a ‘commitment to culture, to civility, to civilization itself’77 so that ‘a piece of the world’ is improved.78 All in all, democracy is an Aristotelian habit to be practised and upheld equally by those who govern and by those who are governed.79

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75 J. Shea, ‘Foreword’ in this volume.
79 Cf. ‘For by acting as we do in our dealings with other men, some of us become just, others unjust; and by acting as we do in the face of danger, and by becoming habituated to feeling fear or confidence, some of us become courageous, others cowardly […] So it is not unimportant how we are habituated from our early days; indeed it makes a huge difference or rather all the difference’. Aristotle, *Nicomachean Ethics*, tr. R. Crisp, Cambridge University Press, Cambridge 2000, 1103b.
In this process, for such a democratic polity to face disinformation practices procured with the aid of digital media, there exists many responses, and e.g. hermeneutic competences and the principle of proportionality – of course – are not the sole ones. In the previous volume in this book series, devoted to irregular migration as a challenge for democracy,\textsuperscript{80} its editors have argued, \textit{inter alia}, for the adherence to the foundational values and principles on which the European integration project – and any other democratic polity – was founded, for an ethical reflection, and for greater decency and moderation of public debate in dealing with irregular migrants.\textsuperscript{81} It is not surprising that these postulates recall a ‘commitment to […] civilization’ and are equally valid for dealing with disinformation and digital media.

V.

The book constitutes the sixth volume in the \textit{European Integration and Democracy} series. The Series was launched in 2011 and is edited at the Centre for Direct Democracy Studies (CDDS) at the Faculty of Law of the University of Białystok, Poland. Since 2014, Belgo-British Intersentia publishes our series. Each volume in the series tackles a pressing issue that is of utmost importance for the European integration project and – at the same time – that poses a challenge to the values and principles on which Europe has been built. Thus far, our books have discussed, through that lens, the elections to the European Parliament, transatlantic data privacy relations or – as already mentioned – irregular migration.\textsuperscript{82}

Like all volumes published thus far in this series, this book originated from a call for papers, which was issued in May 2018. Yet again, the response received was indicative of the topicality of the chosen subject matter and the variety of interest from academic scholarship. Authors originate from academia, government institutions and non-governmental organisations, among others.

\textsuperscript{80} Cf. infra, section V.
All submissions underwent a double-blind peer-review process in accordance with the Guaranteed Peer-Review Content (GPRC) scheme, a standard used by Intersentia. As a result of this careful selection process, 18 submissions were accepted. In addition, given the impact of the COVID-19 pandemic on the functioning of a democracy, in April 2020 we welcomed an invited contribution that reflects on the on-going developments and their relations to mis- and disinformation, which resulted in an essay included in this book as the 19th chapter.

This book does not aspire to be a monograph on disinformation, digital media and democracy in Europe; rather, it is an anthology compiling diverse yet rich academic and professional comments on a wide range of pressing issues within a broad topic. It is meant to contribute to a debate and a reflection on the condition of our democracy at the dawn of the third decade of the 21st century. We have been exceptionally careful in allowing the authors to express their ideas as they wish to, with only minimal editorial intervention. Our intention is that this book will act as both a commentary and reference work, and will reach not only our fellow academics in Europe and beyond, but also policy-makers, civil society organisations and journalists concerned with disinformation, digital media and democracy in Europe and beyond.

VI.

Every book is a product of a team. We thank the authors and congratulate them for their contributions, which have been further bolstered by the apt and thought-provoking Foreword. For that, our gratitude and thanks go to Jamie Shea, former official of the North Atlantic Treaty Organization (NATO), where he held the posts of spokesperson (1993–2000) and Deputy Assistant Secretary General for Emerging Security Challenge (2010–2018), among others. We particularly thank Ioulia Konstantinou, Managing Editor of the series. We thank the peer-reviewers who have all contributed to ensuring the scientific quality and integrity of this volume. We have received with gratitude further help from Rocco Bellanova, Simone Casiraghi, Laura Drechsler and Mihalis Kritikos. Once again, we thank Intersentia, and our publisher Tom Scheirs and editor Rebecca Moffat. Finally, we gratefully acknowledge the financial support received for this book from the Vrije Universiteit Brussel (VUB) and the Faculty of Law of the University of Białystok.

Brussels – Białystok – Rotterdam
November 2019–April 2020

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LIST OF ABBREVIATIONS

AfD   Alternative für Deutschland (Germany)
AFP   Agence France-Presse
ANEL  Ανεξάρτητοι Έλληνες – Independent Greeks (Greece)
BBC   British Broadcasting Corporation
CCTV  Closed Circuit Television
CDC   Centre for Disease Control and Prevention (US)
CFREU Charter of Fundamental Rights of the European Union
CIA   Central Intelligence Agency (US)
CJEU  Court of Justice of the European Union
CNN   Cable News Network (US)
COVID-19 Coronavirus disease 2019
DUP   Northern Ireland’s Democratic Unionist Party
EBU   European Broadcasting Union
EC    European Commission
ECB   European Central Bank
ECDC  European Centre for Disease Prevention and Control
ECFR  European Council of Foreign Relations
ECHR  European Convention on Human Rights
ECtHR European Court of Human Rights
EDPB  European Data Protection Board
EDPS  European Data Protection Supervisor
EEAS  European External Action Service
EP    European Parliament
EPI-WIN Information Network for Epidemics
ERT   Ελληνική Ραδιοφωνία Τηλεόραση – Hellenic Broadcasting Corporation (Greece)
EU    European Union
FCC   Federal Communications Commissions
FM    Frequency Modulation
FT    Financial Times
FYROM Former Yugoslav Republic of Macedonia (North Macedonia)
GDPR  General Data Protection Regulation
HLEG  High-Level Expert Group on Fake News and Online Disinformation
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<tr>
<td>HR</td>
<td>High Representative of the Union for Foreign Affairs and Security Policy</td>
</tr>
<tr>
<td>ICT</td>
<td>Information and Communications Technologies</td>
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<tr>
<td>IFCN</td>
<td>International Fact Checking Network</td>
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<tr>
<td>IMF</td>
<td>International Monetary Fund</td>
</tr>
<tr>
<td>IRA</td>
<td>Internet Research Agency (Russia)</td>
</tr>
<tr>
<td>ISIS</td>
<td>Islamic State of Iraq and Syria</td>
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<tr>
<td>ISSPs</td>
<td>Information Society Service Providers</td>
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<tr>
<td>IT</td>
<td>Information Technology</td>
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<tr>
<td>KGB</td>
<td>Komitet Gossoudarstvennoi Bezopasnosti – State Security Committee (Russia)</td>
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<tr>
<td>LPPU</td>
<td>Loyalist Peaceful Protest Updater</td>
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<tr>
<td>MLA</td>
<td>Member of the Legislative Assembly</td>
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<td>MP</td>
<td>Member of the Parliament</td>
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<td>MSM</td>
<td>Mainstream Media</td>
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<tr>
<td>NATO</td>
<td>North Atlantic Treaty Organization</td>
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<td>NGO</td>
<td>Non-Governmental Organisation</td>
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<td>NHS</td>
<td>National Health Service</td>
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<td>NIO</td>
<td>Northern Ireland Office</td>
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<td>NPI</td>
<td>National Policy Institute</td>
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<tr>
<td>OECD</td>
<td>Organisation for Economic Co-operation and Development</td>
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<tr>
<td>Pegida</td>
<td>Patriotische Europäer gegen die Islamisierung des Abendlandes – Patriotic Europeans against the Islamisation of the West</td>
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<td>PHEIC</td>
<td>Public Health Emergency of International Concern</td>
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<td>PIRA</td>
<td>Provisional Irish Republican Army</td>
</tr>
<tr>
<td>PISA</td>
<td>Program for International Student Assessment</td>
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<td>PNAS</td>
<td>Proceedings of the National Academy of Sciences of the USA</td>
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<td>PSNI</td>
<td>Police Service of Northern Ireland</td>
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<tr>
<td>RCCE</td>
<td>Risk Communication and Community Engagement</td>
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<tr>
<td>SABAM</td>
<td>Société d’Auteurs Belge – Belgische Auteurs Maatschappij – Belgian Association of Authors, Composers and Publishers</td>
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<tr>
<td>SAS</td>
<td>Special Air Services</td>
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<tr>
<td>SDLP</td>
<td>Socialist Democratic and Labour Party (Northern Ireland)</td>
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<td>SEEBRIG</td>
<td>South-Eastern Europe Brigade</td>
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<tr>
<td>SEME</td>
<td>Search Engine Manipulation Effect</td>
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<tr>
<td>SGP</td>
<td>Staatkundig Gereformeerde Partij – Christian Reform Political Party (the Netherlands)</td>
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<tr>
<td>SOMA</td>
<td>Social Observatory for Disinformation and Social Media Analysis</td>
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<tr>
<td>SYRIZA</td>
<td>Συνασπισμός Ριζοσπαστικής Αριστεράς – Coalition of the Radical Left (Greece)</td>
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<tr>
<td>TEU</td>
<td>Treaty on European Union</td>
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<td>TFEU</td>
<td>Treaty on the Functioning of the European Union</td>
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<tr>
<td>Abbreviation</td>
<td>Full Form</td>
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<td>UK</td>
<td>United Kingdom</td>
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<td>UN</td>
<td>United Nations</td>
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<tr>
<td>UNESCO</td>
<td>United Nations Educational, Scientific, and Cultural Organization</td>
</tr>
<tr>
<td>US</td>
<td>United States</td>
</tr>
<tr>
<td>UUP</td>
<td>Ulster Unionist Party</td>
</tr>
<tr>
<td>UVF</td>
<td>Ulster Volunteer Force</td>
</tr>
<tr>
<td>VVD</td>
<td>Volkspartij voor Vrijheid en Democratie – Liberal Political Party (the Netherlands)</td>
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<td>WDF</td>
<td>Wardle and Derakhshan Framework</td>
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16. REGULATING INTERNET CONTENT WITH TECHNOLOGY

Analysis of Policy Initiatives Relevant to Illegal Content and Disinformation Online in the European Union

Trisha MEYER, Christopher T. MARSDEN and Ian BROWN*

1. INTRODUCTION

Within the European Union (EU), online disinformation has been addressed from a variety of regulatory angles. Legislation and policy initiatives against defamation, incitement to hatred and violence,1 or banning certain misleading advertising techniques2 all seek to limit the spread of disinformation. Moreover, within the context of electoral campaigns, the problem can be tackled by regulating the spending and transparency of political campaigns, enforcing data protection rules and bolstering against cyberattacks.3 More broadly,
institutional support is also provided to safeguard media pluralism, encourage fact-checking and enhance media literacy.

It is clear that disinformation has taken on new proportions in this age of social media. Within the EU, 2018 triggered a flurry of additional reflections and actions on online disinformation. Table 1 provides a timeline of disinformation policy-related initiatives at a European level from 2015 to the present day, ranging from cybersecurity and strategic communications to tackling illegal content and disinformation online. Social media platforms in particular have been in the spotlight in relation to curbing the spread of disinformation on their networks.


The EEAS East StratCom Task Force is the EU’s most ambitious internal debunking effort. It was set up after the European Council mandated the High Representative and the Member States to develop an action plan on strategic communications in its March 2015 Conclusions. The Task Force’s mandate pertains to addressing Russia’s ongoing disinformation campaigns through strategic communications and research. This can consist, among other things, of better explaining EU policies and strengthening the media in the Eastern Partnership region, and explaining, correcting and raising awareness of disinformation narratives through amongst others the Disinformation Review (http://www.EUvsDisinfo.eu, @EUvsDisinfo) and analysing and reporting on disinformation trends. See EEAS, ‘Questions and Answers about the East StratCom Task Force’, 2017, https://eeas.europa.eu/headquarters/headquarters-homepage/2116/-questions-and-answers-about-the-east-stratcom-task-force_en.

The European Commission plays a supporting role in digital and media literacy through programmes, prizes, coordination and sharing of best practices among Member States. For instance, one of the actions has been to develop a Digital Competence Framework for Citizens. The European Commission has also supported worldwide safer Internet efforts for over 20 years through the Safer Internet Action Plan and its successor programmes. For instance, in 2018 it launched a series of #SaferInternet4EU initiatives in coordination with safer Internet centres across Europe. See EUROPEAN COMMISSION, ‘Launch of the #SaferInternet4EU Initiatives on Safer Internet Day’, press release, 6 February 2018, https://ec.europa.eu/digital-single-market/en/news/launch-saferinternet4eu-initiatives-safer-internet-day.
### Table 1. EU disinformation-related policy initiatives (2015–2020)

<table>
<thead>
<tr>
<th>Year</th>
<th>Initiatives</th>
</tr>
</thead>
</table>
| 2015 | • European Council Conclusions Calling for Strategic Communications Action Plan (March 2015)  
     • EEAS East StratCom Task Force (March 2015)  
     • European Commission Communication on European Agenda on Security (April 2015)  
     • Europol Internet Referral Unit (July 2015)  
     • EU Internet Forum on Terrorist Content Online (December 2015) |
| 2016 | • EU Multistakeholder Code of Conduct on Countering Illegal Hate Speech Online (May 2016)  
     • European Parliament Resolution on EU Strategic Communication to Counteract Propaganda (November 2016) |
| 2017 | • EU Directive on Combatting Terrorism (Article 21, March 2017)  
     • European Council Conclusions on Internal Security and the Fight against Terrorism (June 2017)  
     • European Commission Communication on Tackling Illegal Content Online (September 2017)  
     • EU Proposed Revised Regulation on the Statute and Funding of European Political Parties and European Political Foundations (September 2017) |
| 2018 | • European Commission Recommendation on Measures to Effectively Tackle Illegal Content Online (March 2018)  
     • European Commission High-Level Expert Group Report on Fake News and Online Disinformation (March 2018)  
     • EDPS Opinion on Online Manipulation and Personal Data (March 2018)  
     • European Commission Communication on a European Approach to Tackling Online Disinformation (April 2018)  
     • European Commission and HR Joint Communication on Increasing Resilience and Bolstering Capabilities to Address Hybrid Threats (June 2018)  
     • European Council Conclusions calling for Disinformation Action Plan (June 2018)  
     • Proposal for EU Regulation on Prevention of Dissemination of Terrorist Content Online (September 2018)  
     • European Commission Recommendation on Election Cooperation Networks, Online Transparency, Protection against Cybersecurity Incidents and Fighting Disinformation Campaigns in the Context of Elections to the European Parliament (September 2018)  
     • European Commission Guidance on the Application of Union Data Protection Law in the Electoral Context (September 2018)  
     • Proposal for EU Regulation establishing the European Cybersecurity Industrial, Technology and Research Competence Centre and the Network of National Coordination Centres (September 2018)  
     • EU Multistakeholder Code of Practice on Disinformation (September 2018)  
     • Online platforms/advertising industry roadmaps for implementation of the Code of Practice on Disinformation (October 2018)  
     • European Commission and EEAS Joint Action Plan against Disinformation (December 2018)  
     • European Commission Report on Implementation of the April Communication on a European Approach to Tackling Online Disinformation (December 2018) |

(continued)
Most remarkable/controversial is the proposed one-hour rule to take terrorist content offline following a removal order from national competent authorities. See the proposed EU Regulation on Prevention of Dissemination of Terrorist Content Online (COM(2018) 640 final – 2018/0331 (COD)).


Use of technology has often been heralded as the silver bullet to deal with social problems online. Over time, technological solutions to detect and remove illegal/undesirable content have become more effective, but they also raise questions about who is the ‘judge’ in determining what is legal/illegal and desirable/undesirable in society. Underlying this use is a difficult choice between different elements of law and technology, public and private solutions, with trade-offs between judicial decision-making, scalability and the impact on users’ freedom of expression.

Importantly, EU initiatives beyond disinformation also call for proactive measures by online intermediaries to aid the removal of illegal content. The proposed EU Regulation on the Prevention of Dissemination of Terrorist Content Online targets rapid removal of terrorist content by online intermediaries. Article 17 of the 2019 Copyright in the Digital Single Market Directive obliges intermediaries to conclude license agreements with rightsholders, or in absence thereof, holds them liable for the availability of unauthorised copyrighted content. Without sufficient user safeguards, this will likely lead to broad filtering and over-blocking of content. These policy
developments fit into a context where social media platforms and search engines are increasingly scrutinised on competition grounds and are called upon to take more responsibility in the online ecosystem.

There has sometimes been an almost instinctive eagerness on the part of policy-makers to believe that technology can solve the ‘new’ problem of disinformation, while the reality is that its roots lie much deeper. Evidence of disingenuous news is as old as the cuneiform tablets of Hammurabi. Telling falsities serves powerful interests and citizens are at times unwilling or unable to discount proven untruths, due to confirmation bias, peer pressure and other media literacy factors.

In this chapter we review a sample of policy initiatives dealing with illegal content and disinformation online. We focus in particular on initiatives that address the use of technology in moderating the availability of content online. Sections 2 and 3 focus on what and how they recommend to curb certain types of content online, while Section 4 reviews the commitments and recommendations made towards transparency in interventions aimed at decreasing the prevalence of disinformation. We also conducted semi-structured interviews with a range of European and international experts on disinformation, governance of online platforms and freedom of expression. In the conclusions, Section 5, we argue for more independent, transparent and effective appeal and oversight mechanisms to minimise the impact of inaccuracies when regulating illegal content and disinformation through technology.

2. ILLEGAL CONTENT ONLINE

Of crucial importance when studying technology-based solutions to illegal content and disinformation online, Articles 12–15 of the E-Commerce Directive set out the limits of liability of Internet intermediary service providers for illegal activity and content on their networks. ‘Information Society Service Providers’ (ISSPs or intermediaries) are not subject to liability for their customers’ content so long as they have no actual or constructive knowledge of that content – if they ‘hear no evil, see no evil and speak no evil’.

Article 12 protects the ISSP where it provides a ‘mere conduit’ with no knowledge of, or editorial control over, content or receiver (‘does not initiate the transmission, select the receiver of the transmission, and select or modify the information contained in the transmission’). However, as Articles 13 and 14 stipulate, liability increases as the intermediary’s editorial control increases. Where intermediaries provide hosting services (Article 14), they are protected from liability, subject to two tests:

- ‘the provider does not have actual knowledge of illegal activity or information and, as regards claims for damages, is not aware of facts or circumstances from which the illegal activity or information is apparent’; or
- ‘the provider, upon obtaining such knowledge or awareness, acts expeditiously to remove or to disable access to the information’.

As mere ciphers for content, ISSPs have a safe harbour from liability; should they engage in any filtering of content, they become potentially liable. They have to take action when they are notified of illegal activity or content on their networks.

Intermediaries have been acting as the fabled ‘three wise monkeys’ in relation to Internet content liability since the dawn of the commercial Internet, as is reflected in the pioneering case law. Thus, ‘masterly inactivity’, except when prompted by law enforcement, is economically the most advantageous policy open to them. Articles 12–15 of the E-Commerce Directive have not been amended since being implemented in national law in 2002, but have been subject to extensive judicial interpretation across Europe. There is widespread use of notice and action processes, especially blocking injunctions, to reduce the availability of illegal content online. Intermediaries also take voluntary action, often based on their terms of service. Commission President Ursula von der Leyen announced in her political guidelines that ‘[a] new Digital Services Act...
will upgrade our liability and safety rules for digital platforms, services and products,\(^\text{15}\) hereby indicating that the E-Commerce Directive is now up for review. Stakeholder consultations on the Digital Services Act are scheduled to start in 2020.

The dangers of a regime that incentivises companies to take down content on notice, but not proactively search for illegal and otherwise harmful content, has been recognised officially. In 2014 the European Council declared that it would ‘[r]aise awareness among judges, law enforcement officials, staff of human rights commissions and policymakers around the world of the need to promote international standards, including standards protecting intermediaries from the obligation of blocking Internet content without prior due process’.\(^\text{16}\)

However, as we will illustrate in the following paragraphs, it is clear that change is coming, especially for online platforms. The European Commission’s Digital Single Market strategy, consultation and communication on online platforms and its assessment of the formally self-regulatory Code of Conduct on Countering Illegal Hate Speech Online all employ the ‘bully pulpit’ to argue for greater responsibility by online platforms.\(^\text{17}\) Moreover, in response to pressure from those affected negatively by the legal ‘masterly inactivity’ approach of intermediaries,\(^\text{18}\) the European Commission explained in its September 2017 Communication on Tackling Illegal Content Online what further action online platforms should be required to consider, which is summarised in the table below.\(^\text{19}\)

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### Table 2. Summary of online platform action called for in the European Commission Communication on Tackling Illegal Content Online (2017)

<table>
<thead>
<tr>
<th>Section</th>
<th>Online platform action</th>
</tr>
</thead>
<tbody>
<tr>
<td>3. Detecting and notifying illegal content</td>
<td></td>
</tr>
<tr>
<td>3.1. Courts and competent authorities</td>
<td>'Online platforms should be able to take swift decisions as regards possible action’ on illegal content 'without a court order or administrative decision, especially where a law enforcement authority identifies and informs’ (p.7) 'Online platforms should systematically enhance cooperation with competent authorities’ (p.8)</td>
</tr>
<tr>
<td>3.2. Notices</td>
<td>'Online platforms are encouraged to make use of existing networks of trusted flaggers’ (p. 8) In a limited number of cases, ‘platforms may remove content upon notification of trusted flaggers without further verifying the legality of the content themselves’ (p. 9) 'Online platforms should establish an easily accessible and user-friendly mechanism that allows their users to notify content considered illegal’ (p. 9) 'Online platforms should put in place effective mechanisms to facilitate the submission of notices that are sufficiently precise and adequately substantiated’ (p. 9)</td>
</tr>
<tr>
<td>3.3. Proactive measures by online platforms</td>
<td>Platforms should not limit themselves to reacting to notices, but ‘should adopt effective proactive measures to detect and remove illegal content’ (p. 10)</td>
</tr>
<tr>
<td>4. Removing illegal content</td>
<td></td>
</tr>
<tr>
<td>4.1. Ensuring expeditious removal and reporting crime to law enforcement authorities</td>
<td>'Online platforms should prioritise removal in response to notices received from law enforcement bodies and trusted flaggers’ (p. 14) Fully automated removal should be applied ‘where the circumstances leave little doubt about the illegality of the material’ (such as where removal is notified by law enforcement authorities, p. 14) ‘Online platforms should report to law enforcement authorities whenever they are made aware of or encounter evidence of criminal or other offences’ (p. 15)</td>
</tr>
<tr>
<td>4.2. Ensuring transparency</td>
<td>'Online platforms should provide a clear, easily understandable and sufficiently detailed explanation of their content policy in their terms of service’ (p. 16) ‘Online platforms should publish transparency reports’ (p. 16)</td>
</tr>
<tr>
<td>4.3. Safeguards against over-removal and abuse of the system</td>
<td>'Online platforms should offer simple online counter-notice procedures’ (p. 17) while also discouraging bad-faith notices and counter-notices</td>
</tr>
</tbody>
</table>

(continued)
As a follow-up to the Communication, the European Commission issued a Recommendation on Measures to Effectively Tackle Illegal Online Content in March 2018. The Recommendation provides guidance and considerations, again primarily for hosting providers. In a similar fashion to the September 2017 Communication, it calls for proactive measures, but also states that human verification should be included where possible. A distinction is made between ‘all types of illegal content’ and ‘terrorist content’, where the Commission specifically calls for the use of automated means to remove, block or prevent the re-uploading of terrorist content. Importantly, due process safeguards are recommended, as informing the user whose content has been blocked or removed and providing the option of a counter-notice are emphasised (with the exception of manifestly illegal content that relates to criminal offences involving a threat to the life or safety of persons). The Commission also encourages transparency through clear explanations and regular reports on content moderation policies, and cooperation with Member States, trusted flaggers and among hosting providers is recommended.

In sum, the EU has a well-established tradition on liability protections for digital intermediaries through the E-Commerce Directive and the relevant case law. At the same time, momentum has built within the EU to request online platforms to take proactive measures in tackling illegal content. This shift in European Commission thinking became particularly noticeable in the proposed Prevention of the Terrorist Content Dissemination Online Regulation.

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21 European Commission Communication on Tackling Illegal Content Online, supra note 19.

22 Proposed EU Regulation on Prevention of Dissemination of Terrorist Content Online (COM(2018) 640 final – 2018/0331 (COD)).
and the adopted Copyright in the Digital Single Market Directive.\textsuperscript{23} The Communication\textsuperscript{24} and the Recommendation\textsuperscript{25} on tackling illegal content online confirm that the European Commission deems more stringent requirements for online platforms desirable beyond these policy areas of anti-terrorism and copyright. Interview respondent Chris Sherwood\textsuperscript{26} described the current trend on intermediary liability as ‘[t]he E-Commerce Directive slowly dying a death by a thousand cuts. It is being undermined by topical legislation, all “without prejudice to” the E-Commerce Directive’.

3. DISINFORMATION ONLINE

We use disinformation to refer to intentional faking of news.\textsuperscript{27} Evidence of large-scale harm is still inconclusive, though abuses resulting from the 2016 US presidential election and the UK referendum on leaving the EU (‘Brexit’) have been uncovered. The problem of large-scale state-sponsored social media inaccuracy was first identified in Ukraine in 2011, when the Russian government was accused of deliberately faking news of political corruption.\textsuperscript{28} Disinformation can also be economically profitable to economic actors who employ ‘clickbait’ tactics to lure users into reading/viewing false articles and advertisements.\textsuperscript{29}

In the European context, the High-Level Expert Group (HLEG) report on Fake News and Online Disinformation kickstarted policy discussions in

\begin{itemize}
\item \textsuperscript{23} EU Directive 2019/790 on Copyright in the Digital Single Market, \textit{supra} note 8.
\item \textsuperscript{24} European Commission Communication on Tackling Illegal Content Online, \textit{supra} note 19.
\item \textsuperscript{25} European Commission Recommendation on Measures to Effectively Tackle Illegal Online Content, \textit{supra} note 20.
\item \textsuperscript{26} Expert interview with Chris Sherwood (Head of Policy at OLX Group, 19 April 2019).
March 2018. The HLEG report reviewed current practices on disinformation and recommended a multi-dimensional approach, focusing on transparency and accountability-enhancing practices, media and information literacy, empowerment of users and journalists, diversity and sustainability of the media ecosystem, and research on the impact of and responses to disinformation.

It is important to note that in recommending responses and actions, the HLEG focused primarily on ‘improv[ing] the findability of, and access to, trustworthy content’, as it states that ‘filtering out disinformation is difficult to achieve without hitting legitimate content, and is therefore problematic from a freedom of expression perspective’.

In April 2018, the European Commission responded to the HLEG report and published a Communication on a European Approach to Tackling Online Disinformation. The Commission highlighted five priority areas for action. Like the HLEG, media literacy and pluralism are mentioned, but (more) attention is also paid to elections, strategic communication and the role of online platforms.

The Commission then convened a Multistakeholder Forum whose produced an EU Code of Practice on Disinformation, published in September 2018. The emphasis here lies heavily on commitments from online intermediaries, such as social media platforms, search engines and advertisers. The Multistakeholder Forum was composed of a Working Group and a Sounding Board. The Code of Practice includes the following commitments as shown in Table 3.

Table 3. Summary of online platform and advertiser commitments in the EU Code of Practice on Disinformation (2018)

<table>
<thead>
<tr>
<th>Section</th>
<th>Commitments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Scrutiny of ad placements, political and ‘issue-based’ advertising</td>
<td>‘Disrupt advertising and monetisation incentives for relevant behaviours’ (p. 5) Ensure that advertisements are ‘clearly distinguishable from editorial content’ (p. 5) ‘Enable public disclosure of political advertising’ (p. 5) ‘Use reasonable efforts towards devising approaches to publicly disclose “issue-based advertising”’ (p. 5)</td>
</tr>
</tbody>
</table>

(continued)

30 HLEG ON FAKE NEWS AND ONLINE DISINFORMATION, supra note 27.

We conducted expert interviews with the directors of two organisations on the Sounding Board: Monique Goyens (Director-General of the European Consumer Organisation – BEUC, 31 August 2018) and Renate Schroeder (Director of the European Federation of Journalists – EFJ, 7 September 2018).
<table>
<thead>
<tr>
<th>Section</th>
<th>Commitments</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Integrity of services</td>
<td>‘Put in place clear policies regarding identity and the misuse of automated bot’ (p. 6)</td>
</tr>
<tr>
<td></td>
<td>‘Put in place policies on what constitutes impermissible use of automated systems and to make this policy publicly available on the platform and accessible to EU users’ (p. 6)</td>
</tr>
<tr>
<td>3. Empowering users</td>
<td>‘Help people make informed decisions when they encounter online news that may be false, including by supporting efforts to develop and implement effective indicators of trustworthiness in collaboration with the news ecosystem’ (p. 7)</td>
</tr>
<tr>
<td></td>
<td>‘Invest in technological means to prioritise relevant, authentic and authoritative information’ (p. 7)</td>
</tr>
<tr>
<td></td>
<td>‘Invest in features and tools to make it easier to find diverse perspective’ (p. 7)</td>
</tr>
<tr>
<td></td>
<td>‘Support efforts aimed at improving critical thinking and digital media literacy’ (p. 7)</td>
</tr>
<tr>
<td></td>
<td>‘Encourage market uptake of tools that help consumers understand why they are seeing particular advertisements’ (p. 7)</td>
</tr>
<tr>
<td>4. Empowering the research community</td>
<td>‘Support good faith independent efforts to track and research disinformation and political advertising, including the independent network of fact-checkers facilitated by the European Commission’ (p. 8)</td>
</tr>
<tr>
<td></td>
<td>‘Convene an annual event to foster discussions within academia, the fact-checking community and members of the value chain’ (p. 8)</td>
</tr>
</tbody>
</table>

Source: Compiled by the authors.

The Sounding Board, composed of representatives of the media, civil society, fact-checkers and academia, was scathing in its opinion on the self-regulatory approach:

[T]he ‘Code of practice’ as presented by the working group contains no common approach, no clear and meaningful commitments, no measurable objectives or KPIs, hence no possibility to monitor process, and no compliance or enforcement tool: it is by no means self-regulation, and therefore the Platforms, despite their efforts, have not delivered a Code of Practice.37

In sum, the recommendations in the HLEG report38 focus primarily on the role that social media platforms can play in supporting the media ecosystem,

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36 Ibid., pp. 4–8.
37 Ibid.
38 HLEG ON FAKE NEWS AND ONLINE DISINFORMATION, supra note 27.
fact-checking and literacy efforts. The European Commission Communication\(^\text{39}\) includes recommendations on media literacy and pluralism as well, although in a significantly reduced form. It adds reflections on election processes and strategic communication, which were given further attention during previous Commission President Jean-Claude Juncker’s State of the Union address in September 2018.\(^\text{40}\) Importantly, the Communication picked up on the HLEG’s reflections on a transparent digital ecosystem and set up the EU Multistakeholder Forum.

The resulting EU Code of Practice\(^\text{41}\) focuses on (electoral) ads, includes a short section on automated bots and addresses the platforms’ role in supporting/enabling literacy, fact-checking and research. It mainly recaps existing measures and does not aim to provide industry standards. It should be noted that media trust (source transparency) indicators are mentioned in each of these proposals. Discussions on increasing media trust are ongoing at several levels, including in the Multistakeholder Forum.\(^\text{42}\)

### 4. TRANSPARENCY IN TECHNICAL INTERVENTIONS

The previous sections make it clear that the multi-faceted nature of disinformation calls for varied action. The HLEG stressed that ‘the best responses to disinformation are multi-dimensional, with stakeholders collaborating in a manner that protects and promotes freedom of expression, media freedom, and media pluralism’.\(^\text{43}\) At the same time, there is an emphasis, especially in the European Commission reports on illegal content online, on solutions that encourage online intermediaries to take (proactive) action to clean up their platforms. In this section, we analyse four areas where technical intervention has often been requested: (political) advertising; fact-checking/trustworthiness; automated processes; and content/account moderation. We focus in particular on how transparency has been integrated into the requests.

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\(^{39}\) European Commission Communication on Tackling Online Disinformation, *supra* note 33.


\(^{41}\) EU Code of Practice on Disinformation, *supra* note 35.


\(^{43}\) HLEG ON FAKE NEWS AND ONLINE DISINFORMATION, *supra* note 27, p. 3.
Why transparency? Transparency allows for better understanding of the effects of technological responses. Explanation, reporting, review and appeal are all components of transparency and are crucial to any technology-based approach that seeks to minimise harm to the freedom of expression. Table 4 maps the requested technical interventions as found in the key policy initiatives discussed above.

Table 4. Requested technical interventions in EU policy initiatives relevant to illegal content and disinformation online

<table>
<thead>
<tr>
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<th></th>
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<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Political) advertising</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Source transparency and fact-checking</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Automated processes (automated filtering, automated ranking, etc.)</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Content/ account moderation</td>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Source: Compiled by the authors based on analysis of policy initiatives.

Recommendations on (political) advertising are only included in more recent proposals dealing specifically with disinformation. This draws attention to the use of advertising for the purposes of disinformation, even though existing legislation already provides protection and remedies for consumers. The proposals call for transparency on the source and placement of ads, as well as informing users why they are seeing certain ads. The European Commission Communication on Tackling Online Disinformation takes this approach one step further and recommends restricting targeting options for political advertising. The HLEG report also highlights the ‘follow-the-money’

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45 European Commission Communication on Tackling Online Disinformation, supra note 33, p. 7.
approach, which aims at restricting advertising and thus revenues of promoters of disinformation.\footnote{HLEG on Fake News and Online Disinformation, supra note 27, p. 32.}

Similarly, source transparency and fact-checking are only discussed in disinformation initiatives. Linking to the previous paragraph on advertising practices, the broader question at hand when reflecting on economic drivers underlying disinformation is clickbait practices, which the policy initiatives additionally recommend tackling through trustworthiness or source transparency indicators and the prioritisation of ‘relevant, authentic and authoritative’\footnote{EU Code of Practice on Disinformation, supra note 35, commitment 8.} and alternative content.

Further, all policy initiatives included in this chapter deem automated processes appropriate, with an important qualification that the references to automation differ significantly between the proposals on illegal content online and disinformation online. While the early proposals discuss automated filtering and removal of content and accounts, the later proposals restrict themselves to providing transparency in the use of automated ranking and automated bots. Indeed, the Communication on Tackling Illegal Content Online considers that ‘fully automated deletion or suspension of content is acceptable when its illegality has already been established.’\footnote{European Commission Communication on Tackling Illegal Content Online, supra note 19, p. 14.} In the same vein, the Recommendation on Effective Measures to Tackle Illegal Content Online calls for automated prevention (filtering) of re-uploading of terrorist content, although there is acknowledgement in the proposals that human oversight is necessary ‘where detailed assessment of the relevant context is required.’\footnote{European Commission Recommendation on Measures to Effectively Tackle Illegal Online Content, supra note 20, para. 20.} The more recent policy proposals, specific to disinformation, propose a lighter touch to automation.

Finally, it is striking that the recent proposals specific to disinformation do not address content/account moderation. This is probably because invasive technical interventions of this nature are deemed less appropriate and important than ensuring a rich media system. Nonetheless, interventions on the (de)prioritisation, blocking and removal of content and accounts are part and parcel of the online intermediaries’ actions and policies. The silence of the disinformation initiatives on content/account moderation is thus unfortunate, as they could have provided guidance on transparency, appeal and review in the removal of disinformation. Recommendations on content/account moderation can instead be found in the European Commission’s Recommendation and Communication on Tackling Illegal Content Online.\footnote{European Commission Communication on Tackling Illegal Content Online, supra note 19.}
Commission makes an exception where notification and appeal of removal is not deemed appropriate for criminal offences.\textsuperscript{51}

5. CONCLUSIONS

Neither law nor technology is neutral: both embody the values and priorities of those who have designed them. But while recent EU policy initiatives on disinformation have prioritised the use of technology to deprioritise and remove misleading content and accounts, concomitant assessments of the impact of such technology-based solutions on human rights in general, and freedom of expression and media pluralism in particular, have been limited.\textsuperscript{52}

We warn against technocratic optimism as a solution to disinformation online, which proposes the use of automated detection, (de)prioritisation, blocking and removal by online intermediaries \textit{without human intervention}. International law has long required that restrictions on freedom of expression must be provided by law, be legitimate, be proven necessary and be the least restrictive means to pursue the aim. As Milton Mueller, one of our interview respondents, stated:

\begin{quote}
Disinformation is a very long-term historical problem with human society. The fact that we can automate it and scale it up the way we can with social media is interesting, but I don't think it is qualitatively different from what we have seen. With the exception that it is more globalised, so foreign governments or foreign actors can partake and have access in ways that are both good and bad.\textsuperscript{53}
\end{quote}

Automated technologies are limited in their accuracy, especially for expression where cultural or contextual cues are necessary. Legislators should not push

\begin{footnotesize}
\textsuperscript{51} European Commission Recommendation on Measures to Effectively Tackle Illegal Online Content, \textit{supra} note 20, para. 10; European Commission Communication on Tackling Illegal Content Online, \textit{supra} note 19, p. 17.


\textsuperscript{53} Expert interview with Milton Mueller (Professor at Georgia Institute of Technology School of Public Policy; Director Internet Governance Project, 6 August 2018).
\end{footnotesize}
this difficult judgement exercise in disinformation on to online intermediaries. When automated technologies are used, we argue that far more independent, transparent and effective appeal and oversight mechanisms are necessary in order to minimise the impact of inevitable inaccuracies.

To protect freedom of expression, disinformation is best tackled through *media pluralism and literacy* initiatives. *Source transparency indicators* are preferable over (de)prioritisation of disinformation, as these allow for diversity of expression and choice. Users also need to be given the opportunity to understand how their search results or social media feeds are built and make changes where desirable.

We advise against regulatory action that would encourage increased use of automated technologies for content moderation purposes, without *strong human review and appeal processes*. When technical intermediaries need to moderate content and accounts, detailed and transparent policies, notice and appeal procedures, and regular reports are crucial. We believe this is valid for automated removals as well.

There is scope for standardising (the basics of) notice and appeal procedures and reporting, and creating a *self- or co-regulatory multistakeholder body*, such as the UN Special Rapporteur’s suggested ‘social media council’.54 The Special Rapporteur recommends that this multistakeholder body could, on the one hand, have the competence to deal with industry-wide appeals and, on the other hand, could work towards a better understanding and minimisation of the effects of technological interventions on freedom of expression and media pluralism.

Lack of independent evidence or *detailed research* in this policy area means that the risk of harm remains far too high for any degree of policy or regulatory certainty. *Greater transparency* is needed in the variety and effect of disinformation reduction techniques used by online platforms and content providers in order to enable societies to move towards more effective mechanisms to reduce the harms of disinformation, while protecting freedom of expression and other human rights.

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54 *UN Special Rapporteur on the Promotion and Protection of the Right to Freedom of Opinion and Expression, supra* note 52.